

















December 2011















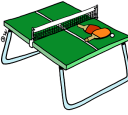



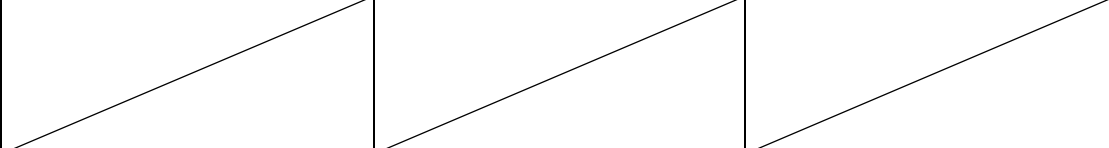
When you see this symbol, call 613-236-2558 ext.222 to RVSP two days in advance if you wish to participate in any craft or have any dietary needs. RVSP one week in advance if you require an attendant or would like to travel with a buddy. **Remember to check extension 226 before coming to an activity in case there is a cancellation.**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 Call us to find out your options on housing information!	2 Outdoor Scavenger Hunt 1-3pm 	3
4	5 	6 Healthy Cooking Class  2:15pm Shopping @ Loblaws 3pm Sandy Hill CHC	7 Lunch Club  1-3pm Swiss Chalet 675 Kirkwood Ave	8 War Museum 5-7pm 	9 AccessAbility Day City Hall 9:00-1:30pm	10
11	12 Remember to RSVP for the Holiday Party no later than Tuesday, Dec 13 th !	13 Workshop:  Effective Budgeting 1-2pm Holiday Shopping @ Billings Bridge 3-5pm	14 Craft Day  Paint a Ceramic Mug at a Pottery Studio! 1-3pm 	15 Need more interview practice? Book an appointment today with iLeap!	16 Holiday Party  211 Bronson Ave. Mac Hall 6:00-10:00pm	17
18	19 \$3 Haircuts 9am -11:30am 	20 Pancake Breakfast  9:30-11:30am 	21 Craft Day  Cork Reindeer 1-3pm 	22 	23 Staff Day: Office Closed	24
25	26	27	28	29	30	31
OFFICE CLOSED THIS WEEK →						

January 2012



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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2  Happy New Year! OFFICE CLOSED	3  Healthy Cooking Class 2:15pm Shopping @ Loblaws 3pm Sandy Hill CHC	4  Lunch Club Sushi Kan 1-3pm 	5  Workshop: Setting Your Future in Motion 5-6pm	6 Drop In Bingo 3:30-5:30pm 	7
8	9 Need to improve your resume? Book an iLeap appointment today!	10  Craft Day Shell Shadow Box 9:30-11:30am	11 Pub Night Grace O'Malley's 8-10pm RDSP Session 6:30-8:00pm 	12  RDSP Session 5:30-7:00pm Seaway Valley CHC Cornwall, ON	13 Drop In Movie Day 3-5pm 	14
15	16	17 Bowling Walkley Lanes 2-4pm 	18 We have the resources you're looking for! Pop in to see our opportunity board!	19 Museum of Civilization 5 -7pm	20 University of Ottawa Varsity Basketball Game 801 King Edward Av 7-10pm	21
22	23 \$3 Haircuts 9am - 11:30am 	24 Table Tennis 250 Anna Ave 6-8pm 	25  Craft Day Create a Snow Globe 1-3pm Workshop: Bye Bye Frustrations! 3-5pm 	26	27 Drop In Wii 3:30-5:30pm	28
29	30 Drama Workshop 2-3pm 	31				

February 2012



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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	/	/	1 Lunch Club Pilos Restaurant 876 Montreal Rd 1-3pm	2	3 Ottawa 67's Game Peterborough vs. Ottawa 7:30-10pm	4
5	6 There is no "l" in Team but there is a "u" in volunteer!	7 Healthy Cooking Class 2:15pm Shopping @ Loblaws 3pm Sandy Hill CHC	8 Winterlude Fun! See the Snow Sculptures 2:30-4:30pm	9 Pub Night Billards @ MacLaren's on Elgin 301 Elgin St. 7-9pm	10 Drop In Board Games 3:00pm-5:00pm	11
12	13	14 Valentine's Day Desert Potluck & Craft Day 1-4pm	15 Swimming Jack Purcell 5:30-7pm	16	17 Winterlude Fun! Roll/Walk/Skate on the Canal 6-8pm	18
19	20 \$3 Haircuts 9am -11:30am 	21 Workshop: Declutter & Organize Your Life 10-12pm	22 Craft Day Beaded Animals 9:30-11:30am	23 "The best preparation for good work tomorrow is to do good work today."	24 Tobogganing Mooney's Bay 1-3pm	25
26	27 Winter Walk & Hot Chocolate 2-4pm	28 Rainbow Cinema 12-3pm	29	/	/	